



ADULT EASTER COACHING WEEK



Wednesday 19th April – Saturday 22nd April

All standards of player are welcome to come along either for all 4 days or for as many days as you want. Each day will include **technical and tactical** coaching based around the shots listed below and will involve singles and doubles and **indoor courts will be used.**

Players will be in groups of a similar standard during the week. For more information or if you have any questions please contact Chris on 07751 469765 or chris@belfastboatclub.com or go to – www.belfastboatclub.com

WEDNESDAY:	Forehand & Backhand	6.00 – 7.00pm	or	7.00 – 8.00pm
THURSDAY:	Volley & Doubles Tactics	6.00 – 7.00pm	or	7.00 – 8.00pm
FRIDAY:	Smash, Serve & Return	6.00 – 7.00pm	or	7.00 – 8.00pm
SATURDAY:	Social Tournament	10.00am – 12.30pm		FREE* Social Tournament!

Cost - If booked in advance

Wednesday - Friday

£8 per day – members
£11 per day – non-members

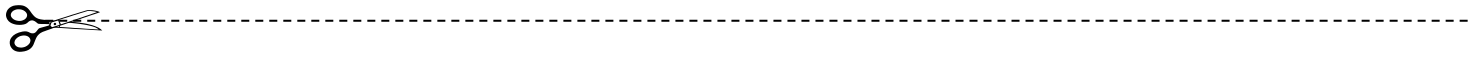
Saturday – Social Tournament

*Free if you have been to at least 1 of the other days.
Otherwise the cost is £6 Members or £9 Non-Members

Full Week - Best Value!

£20 for members £30 for non-members

NOTE: If you do not book and pay in advance you can turn up on the night however numbers will be limited and there can be no guarantee that there will be spaces available. If you are paying on the night there will be an extra charge of £2 per night.



Name: _____ Mobile: _____

E-Mail: _____

Level of play: Club Team player in division: ____ or **Beginner / Improver / Intermediate / Advanced**

Are you a member of the boat club? (please circle) **YES** **NO**

I will be attending on the following day(s): (please circle) **WED** **THUR** **FRI** **SAT**

I will be attending at: (please circle) **6.00 – 7.00pm** or **7.00 – 8.00pm** (Must be the same time for each day)

Members	Number of days (ex Saturday) _____ x £8 = £_____	OR	Full week - £20
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Non-members	Number of days (ex Saturday) _____ x £11 = £_____	OR	Full week - £30
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I have enclosed cash or a cheque (payable to Belfast Boat Club) for: £ _____

Card payments can be made by calling reception on 9066 5012

Signed: _____ Date: _____

Office Use Only	
Paid: £ _____	Cash / Chq / Card
Date: _____	Initials: _____

Please return completed forms to: Chris Sanlon, Belfast Boat Club, 12 Lockview Road, Belfast, BT9 5FJ